What is Biodynamics?

- It is an agricultural practice that takes into account not only substances in nature (soil constituents, fertilizers, etc.) but also the inherent natural forces that surround us both of terrestrial and cosmic origin. In a nutshell, biodynamics makes the most efficient use of forces contained in substances to enhance the soil, plants and animals.

How does Biodynamics differ from Organics?

- 1) Biodynamics views each farm and garden as an individuality that should strive to be as self-sustaining as possible.
- 2) The use of the 9 biodynamic preparations in the fertility program.
- 3) Taking into account rhythms of nature including cosmic rhythms (phases of moon, etc.) in coordinating agricultural activities.

Yarrow

Yarrow

Chamomile

Chamomile

Stinging Nettle

Stinging Nettle

(White) Oak Bark

(White) Oak Bark

Dandelion

Dandelion

Valerian

Valerian

Equisetum (Horsetail)

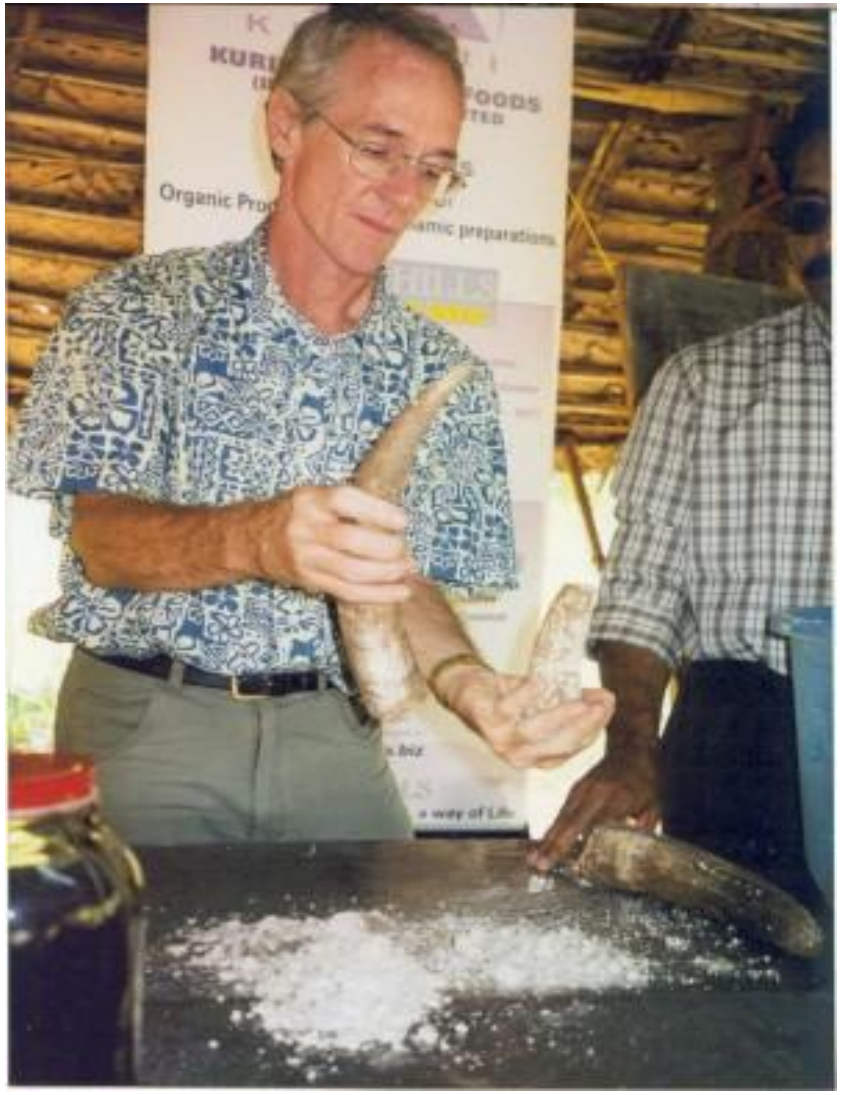
Equisetum (Horsetail)

Horn Manure

Horn Manure

Horn Silica

Horn Silica



Barrel Compost

Stirring of Horn Silica

Spraying Horn Silica in the vineyard-early morning

Earthly Rhythms

- Daily Rhythms : 3pm -12midnight = in breath
  12midnight - 3am = pause
  3am - 12noon = out breath
  12noon – 3pm = pause
- Yearly Rhythms
  Increase and decrease in warmth and sunlight as Earth revolves around sun.

Mid-summer to early winter = in breath

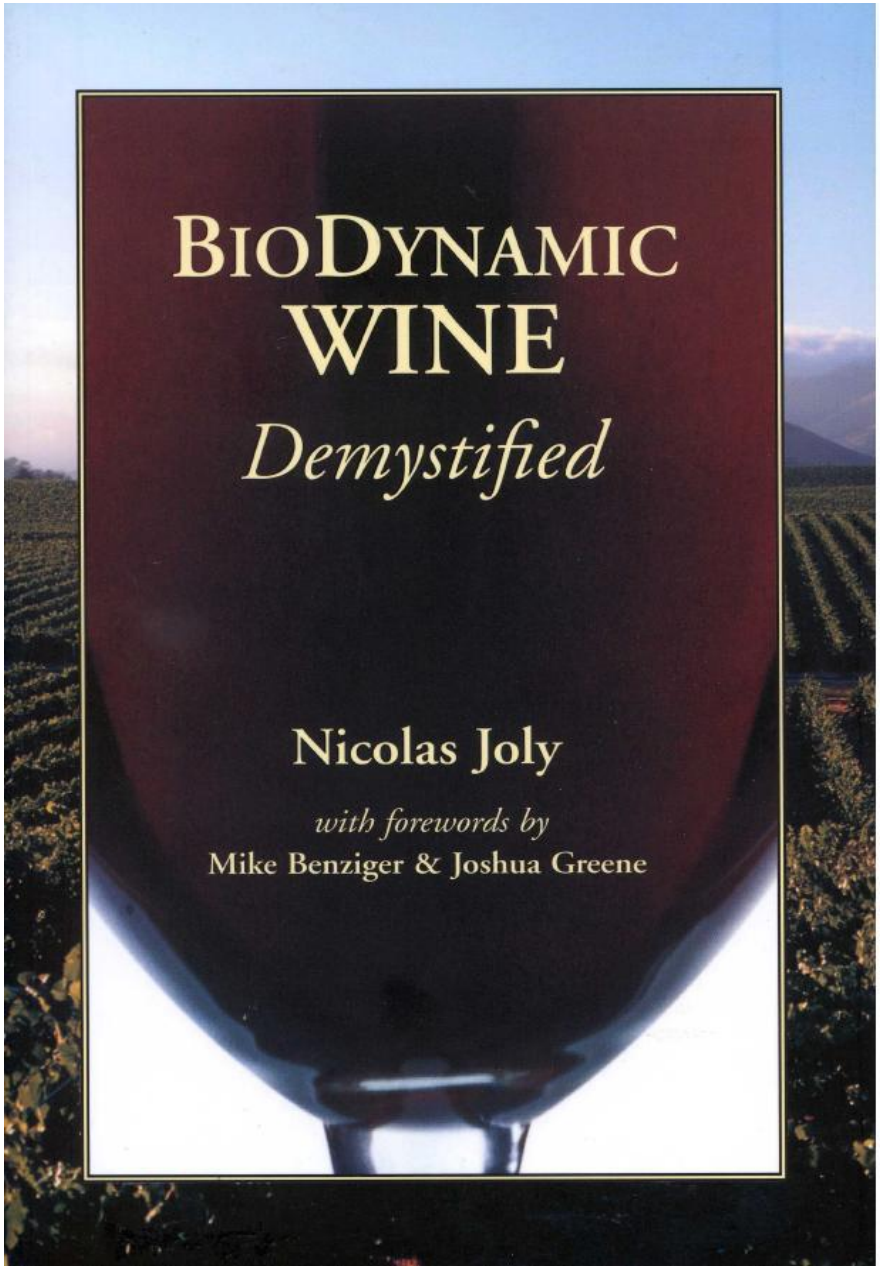
Winter solstice = pause

Mid-winter to early summer = out breath

Summer solstice = pause

Cosmic Rhythms

- Moon - Phases, etc.
- Planets – Conjunctions, oppositions, etc.
- Stars – Zodiac signs as indicators of areas of influence on Earth
- Eclipses

Biodynamic Vineyard

Nicolas Joly's Book